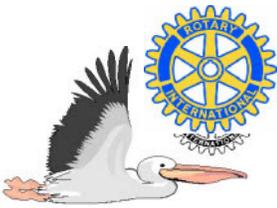


June 21 , 2013



San-Captions

2011-2012 District 6960 Sanibel-Captiva Rotary Club
Organized 1979 * Chartered March 18, 1980

www.sanibelrotary.org

SANIBEL-CAPTIVA ROTARY CLUB

Board Officers:

President: John Grey
President Elect: Scot Congress
Vice President: Bill Rahe
Secretary: Adair Heath
Treasurer: John Danner
Sergeant-at-Arms: Don Russell
Past President: Joel Ospa

Board of Directors:

Dan Cohn
Bob Guggino
Emily Kletzien
Jack Luiszer
Bunny Ospa
Dick Waterhouse

Trust Foundation:

Lee Almas, Chair
Tony Gropp, Treasurer
Robert Monk, Secretary
John Bellino
Jim Lavelle
Chet Sadler, Rotary Foundation
Joel Ospa, PP

R.I. PRESIDENT 2012-2013

SAKUJI TANAKA

PEACE THROUGH SERVICE



DISTRICT #6960 GOVERNOR

Steve Schlueter

SANIBEL-CAPTIVA ROTARY CLUB PRESIDENT'S THEME 2012-13
"SHARING, IMAGINING, BEING"



UNDER CONSIDERATION FOR CLUB MEMBERSHIP

- Jack Alexander Spouse - Susan
- 17106 Wrigley Cir, Ft. Myers, FL 33908
- Cell Phone - 239 851-6108
- Classification - CPA Auditor - Stroemer & Co., Fort Myers, FL
- Sponsor - John Pryor



Happy 43rd Wedding Anniversary to John and Patty Grey



NO ROADKILL PICK-UP THIS MONTH



BANNER EXCHANGE WITH OUR VISITOR FROM HOLIDAY ISLAND, ARKANSAS

Where the Quiet is Beautiful
Chartered March 12, 2002



Rotarian, John Danner will be celebrating his 60th Birthday by doing a fundraising 180 mile bike ride (60 miles a day) from Ft. Lauderdale, FL to Key West, FL - July 31st to August 2nd for the Wheelchair Foundation.

His goal is to raise \$6,000 toward the purchase of 60 wheelchairs at \$100 a piece for a cause close to Rotarian's hearts The Wheelchair Foundation. The Sanibel-Captiva Rotary has offered a matching grant up to \$3,500 toward this generous effort. Each of these special wheelchairs cost \$100...John's 60 for 60 Wheelchair fundraiser hopes to purchase 60 wheelchairs.

Rotarian and community members can help John sped his way to the finish line by making individual contributions to the 60 for 60 ride. You will change a life forever with your gift. Happy upcoming Birthday, John!

Club Song Giver of all things good, We Thank you for this food, With one accord Lead us we humbly pray, Onward in Rotary's way Of service day by day, Most Gracious Lord (Tune of My Country Tis of Thee)

DOING THE RIGHT THING MAKES A DIFFERENCE

Retired Fort Myers Police officer, Sgt. Ken Leach spoke to us last week with an important message.

Ken is a twenty year veteran of the Fort Myers Police department and since 2005 had served as a CIT-Crisis Intervention Team trainer- (now a retired reserve officer). CIT addresses the need for crisis intervention education and is providing law enforcement officers with specialized training to respond safely and quickly to people with serious mental



illness in crisis. “Officers are taught to recognize the signs of psychiatric distress and how to deescalate a crisis — avoiding officer injuries, consumer deaths, and tragedy for the community. In addition, CIT officers learn how to link people with appropriate treatment, which has a positive impact on fostering recovery and reducing recidivism.”

Just as Ken got up to speak, he demonstrated a physical and loud verbal example of the way that officers might come into a situation not being aware of the mental condition of the person causing the disturbance. They come in ready to take charge...Come in fast, come in ready, verbally confrontational, and physically get things under control.” That’s what officers do...fast and efficient and loud, that works in many situations. Unfortunately that doesn’t work in all and most obviously with calls involving people exhibiting mental stress. These people are in stress and may not even hear what you are saying (auditory exclusion), they might not recognize the police officer as a person that has come to help (they may be delusional), they may be autistic, they may be having a psychotic breakdown, they may be off their medication or on too many drugs.

Since 2005 NAMI (National Alliance for Mental Illness of Lee County) offers a special CIT program for law enforcement agencies that provides specialized volunteer training sessions (40 hours) for the Fort Myers Police Department, Lee County Sheriff’s Department, and Lee County Correction Officers. Several hundred police officers have been trained, since 2005 and this is making a tremendous difference in community law enforcement. CIT de-escalates former confrontational situations now in a humane fashion, which turns out to be the safest way for all concerned. Ken told us that wild commands are like pouring gasoline on the fire...the situation usually escalates, as the mentally ill usually will react in a protective fashion, as if they are in danger. These people can be hearing voices, loud sounds and noises can confuse and over stimulate their brain. They feel threaten and react accordingly. Calming the situation is needed...demonstrating empathy for them will help but please don’t say, “I know exactly what you are going through...you don’t know! And don’t say, “Just calm down...they are emotionally upset and need to burn off that energy”. Don’t act like an angry father, act like a caring friend. Listen and paraphrase back to them. In most cases you can tell them, it’s normal to be upset. Take time to listen...as long as there is no weapon...take time.

Usually this will calm the situation down and the right course of action can then be taken for the mentally ill person. Sixty million Americans deal with some form of mental illness, most from some type of chemical in-balance to the system. Shame and financial concerns are the biggest obstacles to seeking treatment for oneself or for a loved one. Contacting NAMI (National Alliance for Mental Illness of Lee County) is a starting point. They are a resource center for information and will provide even more depending on the situation.

Seeking input on club Paul Harris Award Points



Some of our club members have elected to contribute a certain amount of money every dues period to their Paul Harris contribution account. A \$1,000 contribution to the Rotary Trust earns them a Paul Harris Award.

The club also receives points from Rotary International for our club’s contributions to the Rotary Foundation, which we can then use to present Paul Harris Awards to deserving persons... Rotarians or others.

In the past some of our points have been given to members who have saved \$500 of contributions toward their first Paul Harris Award. Allowing them to receive their first Paul Harris Award with only a contribution of \$500.

At the last Board Meeting, it was reported that the club had a considerable amount of Paul Harris Award points to distribute and are mulling over how to use these points.

Lee Almas would like to hear from you, if you have any ideas about this.

Makeup Meeting Locations

| | |
|------------------|---|
| Monday | Noon - Fort Myers-South... Crown Plaza Bell Tower |
| Tuesday | Noon - Estero... Spring Run Country Club Noon - Fort Myers... TBD |
| Wednesday | 7:30 AM - Bonita Springs... Bonita Bay Club 7:30 AM - Fort Myers-East... Beef O’Brady’s 7:30 AM - Fort Myers Sunrise ... Hilton Garden Inn 8:00 AM - Cape Coral... LaVenezia Ballroom 6:30 PM - Cape Coral North... Southside Sport Grill |
| Thursday | Noon - Lehigh Acres...Microtell Inn & Suites 8:00 AM - North Fort Myers Fishbones at Shell Factory Noon - Bonita Springs...Spanish Wells CC |
| Friday | 11:45 AM - CapeCoral...Gold Coast...Gulf Coast Village |

SPEAKER CORNER

June Recruiters Adair Heath/John Pryor
6/14 Ken Leach, Portland Police Officer, National Alliance for Mental Illness. Certified teacher: Crisis Intervention Training for Police and Correction Officers
6/21 Emillie Alfino, Dorothy Donaldson, President, Historical Society of Sanibel
6/28 Club Assembly-Scot Herzoff and Will Palmer